

General Education Course Proposal

Proposed Course: HS 91 Introduction to Human Sexuality Units 3
Prefix No. Title

Department: Health Science School: Health and Human Services

GE Category (Indicate one category only):

Foundation: A1___; A2___; A3___; B4___
Breadth: B1___; B2___; C1___; C2___; D___; E X
Integration: B___; C___; D___; International/Multicultural___

Existing Course___; Revised Course X; New Course___

Course Included in Current GE Program X

New courses require the Undergraduate Course Proposal form in addition to this form.

Revised courses require the Undergraduate Course Change Request in addition to this form.

Proposed catalog description: Limit course description to 40 words using succinct phrases. Include prerequisites, limitations, lecture/lab hours. Indicate former course number, e.g., (Former Biol 105)

Physiological, psychological, social, cultural and developmental considerations for lifelong understanding related to sexuality.

Enrollment limit per section: _____

Expected number of sections per semester – Year 1 5; Year 3 6

Attachments:

1. A statement presenting the ways in which this course meets the Specifications provided in the appropriate section of the General Education Policy as well as in the Policies for Inclusion and Evaluation of General Education Courses.
2. A statement of elements common to all sections of this course, identifying content, objectives, required student activities, grading policy, representative texts, and an approximate schedule for the course. Required student activities include such things as papers, research projects, homework, laboratory and/or studio performance, recitations, participation, attendance, and exams.
3. A typical syllabus for a particular offering of the course.
4. Any special cost factors associated with this course.

Approval for Inclusion in General Education

Anthony M. Alwan 4/10/98 [Signature] 8/25/98
Department Chair Date School Curriculum Committee Date

Kenneth S. Shipley 8/25/98 [Signature] 12/15/98
School Dean Date General Education Subcommittee Date

Brandt Kehoe 12/22/98
Associate Provost Date

Attachment #2: General Syllabus

Proposed course: HS 91, Introduction to Human Sexuality
 Dept. of Health Science
 April, 1998

California State University, Fresno
 Fall, 1998

Dept. of Health Science

**Introduction to Human Sexuality
 HS 91 (3 Units)**

Catalog Statement

Physiological, psychological, social, cultural, and developmental considerations for lifelong understanding related to human sexuality.

Course Rationale

Understanding and appreciating the complex issues of human sexuality is essential to human relations. This course provides an overview of these issues as they relate to the individual and their place in contemporary society. The course focuses on the physiological, social, and psychological aspects of human sexuality as they impact the health status of individual students.

This course addresses the need for understanding the complex issues that impact the individual and contemporary society related to human sexuality. The content of this course enables students to examine the critical issues of human sexuality that cross the gender, culture, age, and social segments of society. The knowledge base developed in this course is part of the lifelong learning skills needed to expand understanding of individual and their place in a culturally diverse society.

General Education:

This course meets General Education requirements, specifically the requirement for lower division courses in Area E, Lifelong Understanding and Self-Development.

Instructor: Name
Office: Instructor's office
Office hours: Office hours
Phone: 278-2684 (with voice mail)
email: instructor's_name@csufresno.edu

Textbook(s): The following textbook(s) are required/recommended for the course; they can be purchased at _____.

Fees: There are no special fees attached to this course.

Course Description

In addition to meeting the requirements for General Education Area E, this course provides students with an understanding of the health issues related to human sexuality, including the physiological, social, cultural, psychological, and developmental aspects. Guest lecturers, class discussions, written assignments and readings will be utilized.

Educational Goals

This course is designed to:

1. Enable students to understand the concepts of human sexuality from a variety of perspectives.
2. Provide students with an understanding of the scientific approaches used in the study of sexuality.
3. Provide students with an understanding of the human anatomy and physiology as related to human sexuality.
4. Help students explore issues related to gender, gender identity, and gender roles.
5. Enable students to understand the concepts of relationships with others and sexuality throughout the developmental stages of their lives.
6. Provide students with a comprehensive approach to the health issues and implications of human sexuality.
7. Help students to critically examine the sexuality issues that impact individuals and society.

Course Content

Unit 1: Introduction to Human Sexuality Approximately 1 week

The study of human sexuality
 Sexuality and values
 Perspectives on human sexuality
 Scientific methods used in the study of human sexuality

Unit 2: Anatomy and Physiology Approximately 2 weeks

Female and male anatomy and physiology
 Sexual arousal and response

Unit 3: Gender Identity Approximately 1 week

Prenatal sexual differentiation
 Gender identity
 Gender roles and stereotypes
 Sexism
 Gender differences

Unit 4: Relationships Approximately 2 weeks

Attraction and love
 Romantic relationships
 Intimacy
 Communication skills
 Sexual techniques and behavior patterns

Unit 5: Sexual Orientation Approximately 1 week

Heterosexual, homosexual, and bisexual orientation

Unit 6: Conception, Pregnancy, and Childbirth Approximately 3 weeks

- Conception
- Infertility
- Pregnancy and prenatal development
- Childbirth and postpartum period
- Contraception
- Abortion

Unit 7: Developmental Aspects of Human Sexuality Approximately 2 weeks

- Sexuality in childhood
- Sexuality in adolescence
- Sexuality in adulthood and later adulthood
- Sexuality and disability

Unit 8: Sexual Dysfunctions Approximately 1 week

- Types of dysfunctions and their origins
- Treatment of dysfunctions

Unit 9: Sexually Transmitted Diseases Approximately 1 week

- Diseases: Bacterial, vaginal, viral, and ectoparasitic
- Prevalence of HIV infection and AIDS
- Transmission of sexually transmitted diseases
- Prevention of diseases

Unit 10: Social and Psychological Issues of Human Sexuality Approximately 3 weeks

- Atypical sexuality variations
- Sexual coercion (rape, sexual abuse, domestic and relationship violence, sexual harassment)
- Commercial sex (prostitution, pornography, obscenity, sex in advertising)

The order and emphasis in coverage of these topics may vary according to the discretion of the instructor.

Assignments:

1. Homework assignments.
2. Class activities.
3. ~~Papers~~ Papers. The University General Education policy states that each course in lower GE must have a 2,000 word writing requirement. Further details on the structure of the paper assignment will be provided.
4. Testing. Midterm and final exam. Dates, time, place.

Evaluation Criteria for Student's work: Each syllabus will state the criteria which will be used in grading (assigning points) and standards for grading criteria.

General information:

1. Attendance policy.
2. Late paper policy.
3. Cheating and plagiarism.
4. Students with disabilities.
5. Other specific policies for this course.

Attachment #3: Typical Syllabus
 Proposed course: HS 91, Introduction to Human Sexuality
 Dept. of Health Science
 April, 1998

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**CALIFORNIA STATE UNIVERSITY, FRESNO
 DEPARTMENT OF HEALTH SCIENCE
 FRESNO, CALIFORNIA 93740**

<u>Instructor:</u>	Dr. V. Krenz	<u>Phone:</u>	278-2684
<u>Office:</u>	McL151	<u>email:</u>	vickie_krenz@csufresno.edu
<u>Office hours:</u>	M 9:00-12:00; T 11:00-12:00; Th 11:00-12:00 and by appointment		

**Introduction to Human Sexuality
 HS 91**

Course Description: This course provides students with an understanding of the health issues related to human sexuality, including the physiological, social, cultural, psychological, and developmental aspects. Sexually explicit material will be presented in this course. Guest lecturers, class discussions, written assignments and readings will be utilized.

Educational Goals

This course is designed to:

1. Enable students to understand the concepts of human sexuality from a variety of perspectives.
2. Provide students with an understanding of the scientific approaches used in the study of sexuality.
3. Provide students with an understanding of the human anatomy and physiology as related to human sexuality.
4. Help students explore issues related to gender, gender identity, and gender roles.
5. Enable students to understand the concepts of relationships with others and sexuality throughout the developmental stages of their lives.
6. Provide students with a comprehensive approach to the health issues and implications of human sexuality.
7. Help students to critically examine the sexuality issues that impact individuals and society.

Learning Objectives:

- 1.0 Explain, compare and contrast the concepts of human sexuality from a variety of perspectives.
- 2.0 Explain the scientific approaches utilized in the study of sexuality.
- 3.0 Describe the anatomical and physiological structures of males and females as related to their functions for sexuality.
- 4.0 Understand the concepts of gender, gender identity, and gender roles as they apply to their own identity.
- 5.0 Explain the role of relationships with others and how sexuality impacts the individual throughout their lifespan.

- 6.0 Identify the health issues that impact human sexuality and precautions that can be taken to reduce one's risk for complications.
- 7.0 Understand the implications of sexuality issues on individuals and society.

General Education: This course meets General Education requirements, specifically the requirement for Area E, Lifelong Understanding and Self-Development.

Text: HUMAN SEXUALITY IN A WORLD OF DIVERSITY (3rd ed.), Rathus, S.A., Nevid, J.S., & Fichner-Rathus, L., Allyn & Bacon Publishing Co, 1997.

Course Requirements and Grading:

		No more stringent than:
Test #1	60 pts.	A 90%
Test #2	60 pts.	B 80%-89%
Test #3	60 pts.	C 70%-79%
Written Assignment	60 pts	D 60%-69%
Participation	35 pts.	F 60% or less

Tests: There will be three tests for this course. Each test will consist of 60 multiple choice questions. Students will need a #2 pencil and #882 scantron sheet in order to take the tests. Makeup tests must be arranged with the instructor and may be taken during finals week. If a student cannot take the final test at the scheduled time, an alternative time must be scheduled with the instructor.

Written Assignment: In order to meet the 2,000 word GE writing requirement, the written assignment for students will consist of a paper dealing with a topic in human sexuality. The paper will be approximately 5 - 10 pages in length, fully referenced, and typed double space. The due date for the paper will be announced.

Participation: Participation in class discussions and attendance is included in the grading criteria. Also, credit will be given for in-class assignments and unannounced mini-quizzes that will be given throughout the semester. In order to receive credit for participation, students must attend the class.

Course Content:

Unit 1: Introduction to Human Sexuality

Approximately 1 week

The study of human sexuality
 Sexuality and values
 Perspectives on human sexuality
 Scientific methods used in the study of human sexuality

Unit 2: Anatomy and Physiology	Approximately 2 weeks
Female and male anatomy and physiology	
Sexual arousal and response	
Unit 3: Gender Identity	Approximately 1 week
Prenatal sexual differentiation	
Gender identity	
Gender roles and stereotypes	
Sexism	
Gender differences	
Unit 4: Relationships	Approximately 2 weeks
Attraction and love	
Romantic relationships	
Intimacy	
Communication skills	
Sexual techniques and behavior patterns	
Unit 5: Sexual Orientation	Approximately 1 week
Heterosexual, homosexual, and bisexual orientation	
Unit 6: Conception, Pregnancy, and Childbirth	Approximately 3 weeks
Conception	
Infertility	
Pregnancy and prenatal development	
Childbirth and postpartum period	
Contraception	
Abortion	
Unit 7: Developmental Aspects of Human Sexuality	Approximately 2 weeks
Sexuality in childhood	
Sexuality in adolescence	
Sexuality in adulthood and later adulthood	
Sexuality and disability	
Unit 8: Sexual Dysfunctions	Approximately 1 week
Types of dysfunctions and their origins	
Treatment of dysfunctions	

Unit 9: Sexually Transmitted Diseases

Approximately 1 week

Diseases: Bacterial, vaginal, viral, and ectoparasitic
Prevalence of HIV infection and AIDS
Transmission of sexually transmitted diseases
Prevention of diseases

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Unit 10: Social and Psychological Issues of Human Sexuality

Approximately 3 weeks

Atypical sexuality variations
Sexual coercion (rape, sexual abuse, domestic and
relationship violence, sexual harassment)
Commercial sex (prostitution, pornography, obscenity,
sex in advertising)

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