

KINESIOLOGY

Exercise Science Option, B.S. (120 Units)

Valid for Catalog Years: 2018/2019 to 2019/2020

*Official planning guide approved by the College of Health & Human Services

For assistance or to schedule an advising appointment, please contact the **Department of Kinesiology** at 559-278-2016, South Gym 112
HHS Advising and Career Development Center:
559-278-5027, McLane Hall 194

| Units | Freshman | | Sophomore | | Junior | | Senior | |
|--------------------------|--|---|--|---|---|--|------------------------------|---|
| | Fall 15-18 | Spring 15-20 | Fall 14-15 | Spring 14-15 | Fall 15-20 | Spring 15 | Fall 15 | Spring 15 |
| Milestones | | | | | Clinical: CHEM 1A or 3A, BIOL 1A | Clinical: BIOL 67A; Non-clinical: KINES 35 or BIOL 33 | KINES 32, Clinical: BIOL 67B | KINES 116, KINES 118, KINES 121, KINES 137, KINES 163, Apply for graduation, Cumulative GPA >2.0, No grade below C in all required courses, , All major electives |
| General Education | A1 (3 Units) Oral Communication *Must pass with a C or better | A3 (3 Units) Critical Thinking *Must pass with a C or better | C1/C2 (3-4 Units) Arts or Humanities | D2 (3 Units) American Government | ID (3-4 Units) Social, Political, & Economic Institutions | | | |
| | A2 (3 Units) Written Communication *Must pass with a C or better | C2 (3-4 Units) Humanities | D1 (3 Units) American History | IB (3 Units) Physical Universe & Its Life Forms | | | | |
| | B2 (3-4 Units) Life Sciences *BIOL 1A or 10 recommended | D3 (3 Units) Social Science | | IC (3-4 Units) Arts & Humanities | | | | |
| | B4 (3-4 Units) Quantitative Reasoning *Must pass with a C or better | B1 (3-4 Units) Physical Sciences *CHEM 1A or 3A recommended | | | | | | |
| | C1 (3-4 Units) Arts | B3 (0-3 Units) Lab | | | | | | |

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|-------|---------------|------------------------------|---|--|--|---|--|--|
| | Fall 15-18 | Spring 15-20 | Fall 14-15 | Spring 14-15 | Fall 15-20 | Spring 15 | Fall 15 | Spring 15 |
| Major | | KINES 1 (3 Units) | GE Area E KINES 32 & KAC Course (3 Units) Lifelong Understanding & Self Development | BIOL 67B (4 Units) [Pre-Req: BIOL 67A (C or better)] *Not open to students with credit in BIOL 33, 64, or 65 | KINES 33 (3 Units) | KINES 121 (3 Units) [Pre-Req: KINES 32] | KINES 137 (3 Units) [Pre-Req: BIOL 64 or PHTH 119] | KINES 165 (3 Units) [Pre-Req: May be taken concurrently: KINES 118; KINES 116 or 137] |
| | | | BIOL 67A (4 Units) [C or better in BIOL 20 or BIOL 1A & CHEM 1A (or CHEM 3A if allowed by major)] *Not open to students with credit in BIOL 33, 64, or 65 | KAC Course (1 Unit) or ATHL 100 (1 Unit) [Pre-Req: Enrolled in a varsity team sport] | KINES 116 (3 Units) [Pre-Req: KINES 35, BIOL 33, BIOL 64, PHTH 119, or PHTH 125] | KINES Elective | KINES 119 (3 Units) [Pre-Req: KINES 118 (may be taken concurrently)] | KINES 167 (3 Units) [Pre-Req: May be taken concurrently: KINES 116, 118] |
| | | | KAC Course (1 Unit) or ATHL 100 (1 Unit) [Pre-Req: Enrolled in a varsity team sport] | | KINES 118 (3 Units) [Pre-Req: KINES 35, BIOL 33, (BIOL 64 & 65), or (PHTH 119 & BIOL 65)] | KINES Elective | KINES 163 (3 Units) [Pre-Req: KINES 32; KINES 118 (may be taken concurrently)] | KINES Elective |
| | | | | | | KINES 109 (3 Units) or KINES 110 (3 Units) | KINES Elective | KINES Elective |

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| | Freshman | | Sophomore | | Junior | | Senior | |
|---|--------------|--------------|--------------|--------------|--|-----------------------|-----------------------|-----------------------|
| | Fall | Spring | Fall | Spring | Fall | Spring | Fall | Spring |
| Units | 15-18 | 15-20 | 14-15 | 14-15 | 15-20 | 15 | 15 | 15 |
| Major | | | | | | KINES Elective | KINES Elective | KINES Elective |
| Additional Graduation Requirements | | | | | UDWS (0-4 Units) *Upper Division Writing Exam OR "W" Course (must pass with a C or better) | | | |
| | | | | | MI (3 Units) Multicultural/International | | | |

FOOTNOTES:

Prerequisites/Corequisites: Other restrictions may apply. Please see your course catalog for detailed prerequisite/corequisite requirements.

Grade Requirements: CR/NC grading is not permitted in courses for the Kinesiology major, except in those courses which are designated CR/NC grading only. A grade of C or higher in all required coursework is necessary for successful completion of the major. Any course required as a prerequisite must be completed with a grade of C or better before registration in the subsequent course. Exercise Science students who fail a course (D or F) in the Kinesiology core may retake the class for a second time. If they earn a failing grade (D or F) a second time, they will not be allowed to petition to repeat the course for a third time. These students will not be able to complete the Kinesiology - Exercise Science Option requirements and will be required to declare a new major.

General Education: Units in this area may be used toward a minor (see departmental minors) or supplemental credential. Consult the appropriate department chair, program coordinator, or faculty adviser for further information.

Electives (0-2 units): Units in this area may be used toward a double major or minor. Students must earn a minimum of 120 units total to graduate. The number of required elective units may vary, depending on the amount of units earned from major and GE courses.

KINES Electives (24 units): See course catalog for a list of approved KINES Electives for the Kinesiology - Exercise Science Option.

Upper Division Writing Skills requirement (UDWS): All undergraduate students must demonstrate competency in writing skills by passing the Upper Division Writing Exam (UDWE) or by obtaining a C or better in an approved upper division writing course, identified by the letter "W."

Substitutions: If substitutions/exceptions/waivers are made for any major courses that also meet GE and/or the Multicultural/International graduation requirement, the student is responsible for completing additional courses to satisfy the respective areas (GE and/or MI). This also includes the upperdivision writing requirement.