

KINESIOLOGY

Physical Education Option, B.S. (120 Units)

Valid for Catalog Years: 2018/2019 to 2019/2020

*Official planning guide approved by the College of Health & Human Services

For assistance or to schedule an advising appointment, please contact the **Department of Kinesiology** at 559-278-2016, South Gym 112
HHS Advising and Career Development Center: 559-278-5027, McLane Hall 194

Units	Freshman		Sophomore		Junior		Senior	
	Fall 14-17	Spring 15-18	Fall 15-17	Spring 15-19	Fall 12-17	Spring 15-19	Fall 15-18	Spring 15-16
Milestones				KINES 1, 31, 32 (with KAC 4, 6 or 103), 35	KINES 110, KAC Areas A, B, & C If taking BIOL 67A/67B CHEM 1A or 3A and BIOL 1A	KINES 33, 35 (or BIOL 33 or BIOL 67A & 67B) KINES 120	KINES 116, 118, 122, 123, 131	
General Education	A1 (3 Units) Oral Communication *Must pass with a C or better	A3 (3 Units) Critical Thinking *Must pass with a C or better	C1 (3-4 Units) Arts	B1 (3-4 Units) Physical Sciences	IB (3 Units) Physical Universe & Its Life Forms	IC (3-4 Units) Arts & Humanities	ID (3-4 Units) Social, Political, & Economic Institutions	
	A2 (3 Units) Written Communication *Must pass with a C or better	C2 (3-4 Units) Humanities	C1/C2 (3-4 Units) Arts or Humanities	B3 (0-3 Units) Lab				
	B2 (3-4 Units) Life Sciences	D3 (3 Units) Social Science		D1 (3 Units) American History				
	B4 (3-4 Units) Quantitative Reasoning *Must pass with a C or better			D2 (3 Units) American Government				
Major	KAC Area A (1 Unit) KAC 40, 41, 43, 44, 47, 49, or 50	KINES 1 (3 Units)	KINES 31 (3 Units)	KINES 110 (3 Units) [Pre-Req: KINES 1 (or 20 & 25), 31, 32, 35]	KINES 33 (3 Units)	KINES 122 (3 Units) [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]	KINES 123 (3 Units) [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]	KINES 144 (3 Units) [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B, C]

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	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring
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Major	KAC Area B (1-2 Units) KAC 10, 12, 13; DANCE 115, 117A, 155A, 158A; or CLAS 107	KINES 35 (3 Units) or BIOL 33 (5 Units)	GE Area E KINES 32 & KAC 4, 6, or 103 (3 Units) Lifelong Understanding & Self Development	KINES 118 (3 Units) [Pre-Req: KINES 35, BIOL 33, (BIOL 64 & 65), or (PHTH 119 & BIOL 65)]	KINES 120 (3 Units) [Pre-Req: KINES 31, 32, 35, 110; KAC Area A, B, C]		KINES 131 (3 Units) [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]	KINES 159 (3 Units) [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B, C]
			KINES 116 (3 Units) [Pre-Req: KINES 35, BIOL 33, BIOL 64, PHTH 119, or PHTH 125]					KINES 126 (3 Units) [Pre-Req: KINES 1, 31, 32 & KAC 103, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B; KAC 4 or swim competence]
Additional Graduation Requirements					UDWS (0-4 Units) *Upper Division Writing Exam OR "W" Course (must pass with a C or better)			
						Elective	Elective	MI (3 Units) Multicultural/International
						Elective	Elective	Elective
						Elective		

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FOOTNOTES:

Prerequisites/Corequisites: Other restrictions may apply. Please see your course catalog for detailed prerequisite/corequisite requirements.

Grade Requirements: CR/NC grading is not permitted in courses for the Kinesiology major, except in those courses which are designated CR/NC grading only. A grade of C or higher in all required coursework is necessary for successful completion of the major. Any course required as a prerequisite must be completed with a grade of C or better before registration in the subsequent course.

General Education: Units in this area may be used toward a minor (see departmental minors) or supplemental credential. Consult the appropriate department chair, program coordinator, or faculty adviser for further information.

Electives (19-24 units): Units in this area may be used toward a double major or minor. Students must earn a minimum of 120 units total to graduate. The number of required elective units may vary, depending on the amount of units earned from major and GE courses.

Upper Division Writing Skills requirement (UDWS): All undergraduate students must demonstrate competency in writing skills by passing the Upper Division Writing Exam (UDWE) or by obtaining a C or better in an approved upper division writing course, identified by the letter "W."

Substitutions: If substitutions/exceptions/waivers are made for any major courses that also meet GE and/or the Multicultural/International graduation requirement, the student is responsible for completing additional courses to satisfy the respective areas (GE and/or MI). This also includes the upperdivision writing requirement.